

**KNOWLEDGE FOR CHANGE
TRUSTEES ANNUAL REPORT & ACCOUNTS
FOR THE YEAR ENDING:
31ST December 2021**



**Knowledge for Change is a registered as a charity in England and Wales
(Charity Commission registration number: 1146911)**

Registered Address: 11 Newmarket Street, Skipton, North Yorkshire, BD23 2HX

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Foreword

As chair of Knowledge for Change (K4C), I am pleased and excited to present the seventh annual report for the Charity, together with a summary of activities and the financial statements for the period 1st January 2021 to 31st December 2021. This report and the accompanying financial statements have been prepared by the Trustees in accordance with the Charities Act 2011 and the Charities (Accounts & Reports) Regulations 2008.

2021 was a time of serious challenge for all organisations and especially those working in global health. COVID-19 prevented many of the forms of mobility traditionally associated with global health activities. K4C was unable to deploy professional volunteers or accept students on placement. Even the mobility of our core staff was severely restricted with the exception of our involvement in the establishment of COVID-19 testing and sequencing in Gulu.

The impact of COVID was exacerbated by swinging cuts in Overseas Development Aid. The immediate application of cuts meant that funding already awarded was withdrawn and projects that had already commenced, were axed. The COVID-19 project, already well under way was immediately stalled with major implications for Uganda's ability to test for COVID-19 in remote areas and, of greater significance, undertake the sequencing work that supported international surveillance. Thankfully, the University of Salford picked up this funding.

Our work on health systems strengthening in the area of rehabilitation services, awarded by the Medical Research Council, was also put on hold pending budget decisions.

The impact of cuts meant that K4C's Project Manager in the UK was furloughed, and we were unable to recruit to our administrator's job when our colleague left to return to the USA during COVID. Nevertheless, K4C was able to maintain its Ugandan staffing throughout and was able to recruit our first orthopaedic technician (Timothy Isingoma) in Fort Portal to support our work in prosthetics.

The following sections outline some of the key work that took place during 2021



31st December 2021
Professor Louise Ackers
Chairperson for Knowledge for Change
Chair in Global Social Justice at the University of Salford

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Background to Knowledge for Change

Knowledge for Change was launched officially in 2012 and was formally entered on the Charity Commission Register as Charity Number 1146911 on 17th April 2012. The Charity's working names are 'Knowledge for Change', 'Knowledge 4 Change' and 'K4C'. The official charity address is 11 Newmarket Street, Skipton, North Yorkshire, BD23 2HX.

The UK based K4C trustees during the 12 months to 31st December 2021 were:

Professor Louise Ackers (Chairperson) – Chair in Global Social Justice, University of Salford (UK)

Miss Natalie Tate (Secretary) – Project Manager, Liverpool School of Tropical Medicine (UK)

Dr James Ackers-Johnson (Treasurer) – Project Manager, University of Salford (UK)

Professor Anya Ahmed – Chair in Social Policy, Manchester Metropolitan University (UK)

Dr John Chatwin – Post-doctoral Researcher, Midlands Partnership NHS Foundation Trust (UK)

Dr Chris Coey – Grant Writer, University of Liverpool (UK)

Miss Eileen Cunningham – Lecturer, Manchester Metropolitan University (UK)

Miss Claire Horder – Midwife, University Hospitals Dorset NHS Foundation Trust

The Uganda based K4C trustees during the 10 months to 31st December 2021 were:

Dr Robert Ssekitoleko – Lecturer in Biomedical Engineering, Makerere University (Uganda)

Structure, Governance and Management

The structure, governance and management of K4C has remained unchanged over the course of the last 10 months. The Board of Trustees remains responsible for making decisions on all matters of general concern and importance to K4C including operational and financial decisions. The majority of K4C trustees are based in the northwest of the UK and are lucky to be able to meet on a regular basis; the Uganda based trustees are communicated with virtually and via email, as well as in-person during site visits.

Recruitment, Appointment & Induction of Charity Trustees

The Trust Deed states that there must be a minimum of 4 trustees acting on behalf of K4C. There is no maximum term of appointment and trustees can serve until they resign should they continue to fulfil the terms stated in the Trust Deed. Mechanisms for the removal of trustees do exist and are also detailed in the Trust deed. All existing trustees have long experience of the nature of the charitable activity of K4C and, aside from expenses, were not remunerated for their trusteeship. Where new trustees are appointed, they are given a formal induction to the work of the trust and provided with the information they need to fulfil their roles, which include information about the role of trustees and charity law. New trustees are nominated by members of the board of trustees, interviewed by the board of trustees and appointed where they have the necessary skills to contribute to the charity's management and development. Trustees are responsible for monitoring all of the trust's activities and are bound by the terms stated within K4C's Declaration of Trust and amendments.

Amendments to the Board of Trustees

There have been no amendments to Knowledge for Change's board of trustees during this financial year. However, the board have agreed to seek new trustees during the next financial year to bring fresh knowledge, experience and ideas to support our future activities.

Objectives, Strategy and Public Benefit

The charitable objectives of K4C are as follows:

- To support the relief of sickness and preservation of the health of patients in the UK and in Sub-Saharan Africa, in particular through charitable activities in healthcare centres throughout Sub-Saharan Africa, assisting in the provision of facilities, support services, equipment not normally provided by the statutory authorities and any other charitable purposes/activities.
- To advance the education of the health workers of Sub-Saharan Africa and the UK by promoting education, knowledge exchange and personal experience.

Knowledge for Change works in close partnership with the University of Salford (UK), Mountains of the Moon University (Uganda) and Kabarole Health District (Uganda). Additional support has been received from the UK Department for International Development, the Tropical Health Educational Trust, the Commonwealth Pharmacy Association and the Ugandan Ministry of Health.

The trustees are aware of the Charity Commission's Guidance on Public Benefit. They have reviewed the objectives of the charity, its activities in 2021 and future plans in the light of this guidance and find that all of these comply.

The activities described below have primarily benefited the people who live in the catchment areas of the universities and hospitals in which K4C operates. More generally, all professional volunteers, students and British Commonwealth funded fellows that have completed placements through K4C will have gained new skills and experience which will benefit the public in the UK and Uganda more widely depending on where they go on to work. All benefits are related to the objectives of the charity, as stated above. The trustees are not aware of any harm arising from the activities of the charity, nor of any private benefit, directly or indirectly.

K4C Activities (January 2021 – December 2021)

Despite the ongoing challenges caused by the Covid-19 pandemic, K4C has maintained the majority of its existing projects and also embarked on several new and ambitious projects over the course of the last 12 months, working in close partnership with the University of Salford and other stakeholders. Further information can also be found on our website (www.Knowledge4Change.org), Facebook page (@K4CUganda), Twitter account (@K4C_Uganda) and Instagram (#knowledgeforchange).

Professional Volunteering



K4C's Professional Volunteering Programme has continued to be curtailed due to the ongoing restrictions to international travel linked to the Covid-19 pandemic. Over the course of 2021, we were only able to host five professional long-term volunteers in Uganda from midwifery (x3), medical (x1) and accountancy (x1) backgrounds. Robert Ssekitoleko still operates as a biomedical engineering volunteer based in Kampala and now also continues his role on the 'Fit-For-Purpose-Prosthetics-Project' running in partnership with the University of Salford. K4C is currently in the process of recruiting additional volunteers for 2022 to get this programme back up and running.

Student Placement Project

Our student placement programme has remained suspended throughout 2021 due to international travel restrictions and the decision by all Universities to not allow international travel during this calendar year. However, K4C has maintained its University links and strong interest is growing for placements in 2022. We plan to recommence our student placement programme from March 2022, assuming the Covid-19 risk is mitigated.



Cervical Screening Project



Cervical cancer is the single biggest killer of women in Uganda, largely due to the unavailability of reliable screening services and rapid treatment should it be required. K4C's original cervical screening project began in 2017, supported by fundraising from students at Liverpool John Moore's University. Building on the success of this project which created a new and previously unavailable 'see and treat service' at Kagote Health Centre, K4C successfully applied to the UK Department for International Development's "Small Charities Challenge Fund" to expand this service to 2 further health centres, Bukuuku Health Centre and Katojo Women's Prison Health Centre. Although the official funding for this project has ended, K4C has successfully maintained its operations throughout 2021 using funding from other sources and through close cooperation with partner health facilities. We have also setup

new cervical screening services at 2 additional health facilities in Kampala; Kasangati Health Centre 4 and Kira Health Centre 4. In total, over 3000 women have now been screened through this programme and over 150 have received treatment for pre-cancerous lesions. We look forward to continuing our work on this project and sustaining its strongly positive outcomes throughout 2022.

Antimicrobial Stewardship & Wound Care Project

Antibiotic resistance is a growing global phenomenon which affects both high, middle and low-income countries alike. The effects can be particularly acute in low-income countries as they are more likely to lack the supply of a wide range of antibiotics and have less ability to monitor resistance rates and patterns. Additionally, some countries, including Uganda, have higher rates of self-prescribing and an abundance of private pharmacies that are willing to sell antibiotics over the counter without a prescription.

The Commonwealth Pharmacy Association, in partnership with the Tropical Health Education Trust, released funding to research this issue in Uganda and to gather some preliminary data on antibiotic prescription practices and trends. The University of



Salford successfully applied for £60,000 to run a 15-month project in Fort Portal, Uganda, in partnership with the Ugandan Pharmacy Association. It subsequently applied for further funding to extend this project for an additional 12 months until February 2021. K4C has been integral to the successful application and implementation of this project using the charity's resources, networks and experience.

The work on anti-microbial resistance that commenced in 2018 continued during the pandemic and K4C was able to respond to some of the challenges that arose. 2021 saw the publication of several papers and a book on AMR in

Uganda. This work highlighted the role that improved wound care played in managing sepsis and patterns of antibiotic consumption.

Although this project is now technically finished, K4C has sustained the positive outcomes via other sources of funding. In particular, the wound management aspects of the programme have moved from strength to strength, and we are now developing a social enterprise to manufacture and distribute sterile honey gauze to local health facilities. This work will be pursued throughout 2022.



Article

Opportunities and Challenges for Improving Anti-Microbial Stewardship in Low- and Middle-Income Countries; Lessons Learnt from the Maternal Sepsis Intervention in Western Uganda

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Abstract: This paper presents findings from an action research intervention designed to identify ways of improving antimicrobial stewardship in a Ugandan Regional Referral Hospital. Building on an existing health partnership and extensive action research on maternal health, it focused on maternal sepsis. Sepsis is one of the main causes of maternal mortality in Uganda and surgical site infection, a major contributing factor. Post-natal wards also consume the largest volume of antibiotics. The findings from the Maternal Sepsis Intervention demonstrate the potential for remarkable changes in health worker behaviour through multi-disciplinary engagement. Nurses

The Role of Attendants in the Management of Infection

Our work on wound care raised awareness of the volume of attendants (family carers) supporting their loved ones on the wards. Whilst playing a critical role in terms of basic care for patients, the level of congestion on wards coupled with the inability to manage the numbers and behaviours of these carers raised serious concerns, pre-Covid about the spread of health care acquired infection. The COVID pandemic exposed major weaknesses in the ability of hospitals to restrict disease transmission. K4C is actively collecting data on attendant management and will look to further this work in 2022.



British Commonwealth Fellowships

Undeterred by the restrictions placed on international travel, K4C was awarded 3 Commonwealth Professional Fellowships enabling midwives Hannah Kemiyoondo and Rachel Namiiro to spend 3 months in the UK. During this time, they attended training through Salford University's Tissue Viability program. They were joined by Scola Kemigisa whose work focused on awareness raising around HPV vaccination (which stopped for 2 years in Uganda due to COVID).

The Fit for Purpose Prosthetics Project

Building on K4C's work with Ninsiima, a lady who was provided with two prosthetics arms following a domestic abuse incident with her husband, researchers at the University of Salford applied for a £1.3M EPSRC funded research project to develop low-cost, contextually appropriate and locally manufactured upper arm prosthetic devices for amputees in Uganda and Jordan. The resulting 3-year research project began in 2018 and links closely with K4C on the Ugandan aspects of the project. Dr Robert Ssekitoleko (K4C trustee and biomedical engineering volunteer) plays a crucial role on the project as the Uganda based research fellow.



Further information on this project can be found at: www.fit4purposeprosthetics.org

Education Projects



K4C's education projects have remained suspended throughout 2021 as schools in Uganda have still not returned following the Covid-19 pandemic and related lockdowns. We are hopeful that schools will return in January 2022 and that our previous links and projects can be quickly re-established.

Provision of Alcohol Hand Sanitiser and PPE

K4C had been producing alcohol hand rub for several years prior to the COVID pandemic. At the heat of the pandemic in Uganda Fort Portal Regional Referral Hospital asked K4C to increase its supply of hand gel to the wards. K4C responded positively to this request and also shipped 16,000 N95 face masks to Uganda as international supply chains crashed and a pack of 10 masks retailed at as much as £20.

Supporting People with Limb Loss in Uganda



K4C has continued to work with the Fit4Purpose (F4P) team to understand the experiences of survivors and being to engage them in engineering co-design. The work has yielded several publications (see image left).

It also triggered an application to the Medical Research Council for further work developing the use of user engagement in the co-design of upper limb prosthetics. The project also proposed a major engagement with the issue of supply chains in the P&O sector. This application

was successful, but as noted above, was put on hold pending the outcomes of government budgets in the wake of massive ODA cutbacks.

Virtual Working: An Effective means of Knowledge Transfer during Climate Emergency?

Spurred by the twin impacts of COVID-19 and ODA cuts the Tropical and Health Education Trust announced funding for 'Virtual Volunteering' programs. K4C successfully applied for 2 of these bursaries. The first extended the work that had begun on wound management with colleagues from the University of Salford (Dr Melanie Stephens, Matthew Wynn and Sheba Pradeep) linking virtually to discuss the management of a series of common wounds found in FPRRH.

The Virtual Wound Clinics attracted participation from a diverse group of Ugandan health workers and over 60 post graduate students in Salford including many from LMIC countries.

The K4C team extended this training to cohorts of nursing, clinical officer and midwifery students in higher education institutes in Fort portal (Fort Portal Medical University and Fort Portal Clinical Officers Training School).

A second bursary supported the engagement of NHS clinical scientists (Tim Arthur, Ella Mendel and Jessica Colcannon) and Salford University technician (Lee Willan) in the development of skills in prosthetic and orthotics.

Linked PhD Research at the University of Salford

K4C is currently co-funding two PhDs for students at the University of Salford. Gavin Ackers-Johnson's PhD was based in the School of Environment and Life Sciences and focuses on the microbiological aspects of antimicrobial resistance in Uganda. He successfully completed this PhD in May 2021 and his research continues to will feed closely into our work, particularly our research and interventions on Antimicrobial Stewardship and patient and attendant management.

K4C is delighted that one of our ex-volunteers Claire Horder has been awarded funding from Health Education England to commence doctoral research with the following working title:

“Understanding recruitment, management, and support of multi-disciplinary health worker volunteers along life and career pathways to offer ethical, optimal and mutual knowledge gains for both Low and Middle-Income Countries (LMIC) and NHS settings”.

Claire will re-join the team in Uganda to undertake her research whilst working alongside what we hope will be a new cohort of NHS volunteers.



Financial Overview

This Annual Report covers the 12-month period from 1st January 2021 to 31st December 2021. Total receipts on Knowledge for Change funds for this period were £81,704. These receipts included all income from public donations, various sources of project funding, refunded bank charges and income provided by the University of Salford to cover the costs incurred in running joint projects in Uganda, such as the Antimicrobial Stewardship Project and the Virtual Volunteering Project.

Total payments of Knowledge for Change funds for the 12-month period from 1st January 2021 to 31st December 2021 totalled £82,468. This included payments made for all projects including those in the UK and Uganda, those run in partnership with the University of Salford and those funded by external sources.

The total balance brought forward at the beginning of the financial year was £192,277. Over the course of the 12-month period, there was an excess of receipts over payments £2,491. This gave a combined total fund available on 1st January 2022 of £194,768.

Financial Statement for the Year Ended 31st December 2021

	Total Funds (31/12/21) £	Total Funds (31/12/20) £
RECEIPTS AND PAYMENTS ACCOUNT		
Receipts		
Public Donations (note 2a)	9,456	29,743
Income from Organisations (note 2b)	71,073	67,580
Refunds	1,175	26,368
Miscellaneous Funding	-	-
Sub-total (note 3)	<u>81,704</u>	<u>123,691</u>
Bank Interest/Charge Reversals	-	-
	<u>81,704</u>	<u>123,691</u>
Payments (Note 4)		
Professional Volunteering Project	14,340	-
Ethical Elective Placement Project	9,608	68,723
Biomedical Engineering & Blood Transfusion Projects	-	1,030
Hand Hygiene, Infection Control & Antimicrobial Resistance	14,957	30,346
Cervical Screening Project	9,163	15,539
Rehabilitation	3,000	-
General Equipment & Infrastructure (Health Systems)	19,183	4,100
General Equipment & Infrastructure (Education Systems)	-	-
British Commonwealth Fellowships	-	1,677
General Infrastructural Developments	-	-
K4C Uganda Setup Costs	-	147
Website Development	1,450	210
Bank Charges	513	209
Publishing / Project Dissemination	1,012	373
Administration and Staffing (UK)	13	32,631
Administration and Staffing (Uganda)	5,975	8,700
	<u>79,213</u>	<u>163,685</u>
Excess of Receipts over Payments	<u>2,491</u>	<u>(39,994)</u>

STATEMENT OF ASSETS & LIABILITIES

Cash Funds

Bank Account 1 (Current) (GBP - UK)	62,904	183,653
Bank Account 2 (Savings) (GBP - UK)	120,000	-
Bank Account 3 (Current) (GBP - Uganda)	982	51
Bank Account 4 (Current) (UGX - Uganda) (note 5)	7,686	5,229
GBP Currency Cards	1,527	1,239
Cash in Hand (UK)	-	-
Cash in Hand (Uganda)	1,669	2,105
	194,768	192,277

Liabilities

Expenses due	-	-
Invoices/Payments due	-	-
	194,768	192,277

Total Assets - Liabilities

Notes to the Financial Statement for the Year Ended 31st December 2021

1. The financial statements of Knowledge for Change have been prepared in accordance with the Charities Act, 2011, and the Charities (Accounts & Reports) Regulations, 2008, using the Receipts & Payments basis.

2. Receipts Analysis

	Total Funds (31/12/21)	Total Funds (31/12/20)
	£	£
a. Public Donations		
Direct Donations	112	21,560
Amazon Smile	13	5
KindLink	157	387
Wonderful	261	7,791
HMRC Gift Aid	8,913	-
	9,456	29,743
b. Funding from Organisations		
University of Salford	44,273	28,442
Liverpool John Moore's University	-	7,505
DFID	-	12,633
Commonwealth Scholarship Commission	3,800	19,000
Tropical Health Education Trust (THET)	19,000	-
NatWest (Business banking switch incentive)	4,000	-
	71,073	67,580

3. A summary of the public donations and income from organisations intended for specific projects is provided below:

Specified Project	Income (£) to 31/12/21:	Income (£) to 31/12/20:
Student Placement Project		62,049
Cervical Screening Project		12,633
Antimicrobial Stewardship Project	10,379	28,442
Virtual Volunteering Project (Prosthetics)	16,500	-
Virtual Volunteering Project (Wound Management)	17,694	-
Biomedical Engineering / UBTS Projects	-	-
Biomedical Science Research (incl. Covid-19)	18,700	
Respectful Care Project	-	-
Children's Education Project	-	-
Commonwealth Scholarship Commission Fellowships	3,800	20,500
Professional Volunteering Project		-
Miscellaneous/Non-Project Specific*	14,631	68
Total	81,704	123,691

*Miscellaneous/Non-Project Specific income refers to income that is unrestricted and not tied to a specific project. A further breakdown is provided below:

Source of Income:	Amount:
Natwest (business banking switch incentive)	£4,000
Kindlink (general public donations)	£157
Wonderful (general public donations)	£261
Direct donations (general public donations)	£112
Amazon SMILE (Charitable contribution from Amazon)	£13
HMRC (Gift Aid claimed on public donations)	£8,913
Refunds (miscellaneous)	£1,175
Total	£14,631

4. An alternative breakdown of payments in terms of categories, as opposed to project expenditure, is provided below:

Line Item:	Expenditure (£) to 31/12/21:	Expenditure (£) to 31/12/20:
<i>Professional Volunteering</i>		
Stipend Payments	6,200	5,307
Accommodation Costs	4,800	-
International Travel Costs	375	5,247
Local Travel Costs	430	2,000
<i>Sub-Total:</i>	<i>11,805</i>	<i>12,554</i>
<i>Student Placements</i>		
International Travel Costs	-	27,824
Local Travel Costs	576	700
Accommodation Costs	4,000	3,600
Subsistence Costs	-	-
Student Placement Bursaries	-	-
Placement Cancellation Costs	-	36,770
<i>Sub-Total:</i>	<i>4,576</i>	<i>68,894</i>
<i>Ugandan Clinical Staff</i>		
Salaries	28,780	25,665
<i>Sub-Total:</i>	<i>28,780</i>	<i>25,665</i>
<i>Training Workshops/Conferences</i>		
Training Programmes in Uganda	3,640	3,448
Training Programmes in the UK	3,800	1,677
<i>Sub-Total:</i>	<i>7,440</i>	<i>5,125</i>
<i>International Travel</i>		
Project Management	1,780	229
Project Stakeholders	-	-
<i>Sub-Total:</i>	<i>1,780</i>	<i>229</i>
<i>UK Admin/Staffing</i>		
Salaries	-	32,631
UK Travel	-	130

Sub-Total:	-	32,761
Uganda Admin/Staffing		
Salaries	5,400	8,700
Sub-Total:	5,400	8,700
Direct Investments/Infrastructural Developments		
Student Hosting Contributions	-	170
Provision of Medical Equipment	17,183	8,648
Sub-Total:	17,183	8,818
Other		
Office Supplies & Stationery (Uganda)	286	373
Banking Costs	513	209
Website Costs	1,450	210
'K4C Uganda' Setup Costs	-	148
Sub-Total:	2,249	940
Total Expenditure:	79,213	163,685

5. An exchange rate of GBP1:UGX4700 has been used to convert the UGX account balance into GBP for the purpose of this financial report. It should be noted that this exchange rate fluctuated throughout the 2021 financial year, going as high as GBP1:UGX5193 (Feb21) and as low as GBP1:UGX4686 (Dec21).
6. Knowledge for Change does not possess any fixed assets, short or long-term liabilities; only current assets in the form of cash within the bank accounts and currency cards noted above.

Independent Examiner's Report to the Trustees of Knowledge for Change

I report on the accounts for Knowledge for Change for the year ended 31 December 2021, which are set out on pages 11-16 of the Charity's 2021 Trustee's Annual Report and cover a 12-month period.

Respective responsibilities of trustees and examiner

The Charity's Trustees are responsible for the preparation of the accounts. The Charity's Trustees consider that an audit is not required for this year under section 144(2) of the Charities Act 2011 (the 2011 Act) and that an independent examination is needed.

It is my responsibility to:

- examine the accounts under section 145 of the 2011 Act;
- follow the procedures laid down in the general Directions given by the Charity Commission under section 145(5)(b) of the 2011; and
- state whether particular matters have come to my attention.

Basis of independent examiner's statement

My examination was carried out in accordance with the general directions given by HMRC and the Charity Commission. An examination includes a review of the accounting records kept by the Charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the accounts present a 'true and fair view'. The report is limited to those matters set out in the statement below.

Independent examiner's statement

In connection with my examination, no matters have come to my attention:

(1) which gives me reasonable cause to believe that in any material respect the requirements:

- to keep accounting records in accordance with section 130 of the 2011 Act;
- to prepare accounts which accord with the accounting records and to comply with the accounting requirements of the 2011 Act have not been met; or

(2) to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

11 Newmarket Street
Skipton, North Yorkshire
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Date: 04/11/2022



Eric Johnson
Independent Examiner
NESTEGG FINANCIAL SERVICES